The San Diego County Breastfeeding Coalition is a non-profit association of health professionals with a mission to promote, protect and support breastfeeding through education and outreach in our community. www.breastfeeding.org

COURSE OBJECTIVES:
At the conclusion of this seminar the participant should be able to:
1. Describe the anatomy of the neonatal oral cavity.
2. Discuss the impact of ankyloglossia on breastfeeding.
3. Evaluate the evidence for the possible impact of ankyloglossia on dental health and speech problems.
4. Appraise the evidence for the effect of frenotomy on breastfeeding and other relevant outcomes.
5. Assess an infant (or mother-infant dyad) for possible need for frenotomy.
6. Analyze the medical issues prior to surgical intervention.

Target Audience: Physicians, Midwives, Nurse Practitioners & Physician Assistants, Registered Nurses, Lactation Consultants and Educators, Occupational Therapists, Peer Counselors, WIC associates, Dieticians, Students, Social workers, and others interested in supporting families in the initiation and maintenance of breastfeeding.

Cultural & Linguistic Competency.
This CME Activity meets the requirements under California Assembly Bill 1195, continuing education and cultural linguistic competency.

COURSE PROGRAM:
Saturday, August 3, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>0730-0800</td>
<td>Registration and Continental Breakfast</td>
</tr>
<tr>
<td>08:00-0810</td>
<td>Welcome and Introduction</td>
</tr>
<tr>
<td></td>
<td>Seth M. Pransky MD</td>
</tr>
<tr>
<td>0815-0855</td>
<td>My baby is not breastfeeding well. Is he tongue-tied?</td>
</tr>
<tr>
<td></td>
<td>Nancy White BSN, RN, IBCLC</td>
</tr>
<tr>
<td></td>
<td>Erin Walsh MA, CCC-SLP, IBCLC</td>
</tr>
<tr>
<td>0855-0910</td>
<td>Swallowing &amp; Speech Sequellae of Ankyloglossia</td>
</tr>
<tr>
<td></td>
<td>Erin Walsh MA, CCC-SLP, IBCLC</td>
</tr>
<tr>
<td>0920-0950</td>
<td>My Child Has No Teeth: Why is the Dentist Involved?</td>
</tr>
<tr>
<td></td>
<td>Elise W Sarvas, DDS, MSD, MPH</td>
</tr>
<tr>
<td>0950-1020</td>
<td>BREAK</td>
</tr>
<tr>
<td>1020-1100</td>
<td>The impact of Tongue Tie on Breastfeeding Mechanics</td>
</tr>
<tr>
<td></td>
<td>Bobby Ghaheri, MD</td>
</tr>
<tr>
<td></td>
<td>Nikki Mills, BHB, MBChB, FRACS, IBCLC</td>
</tr>
<tr>
<td>1145-1245</td>
<td>Panel Discussion</td>
</tr>
<tr>
<td></td>
<td>Seth M. Pransky MD, Moderator</td>
</tr>
<tr>
<td>1245-1300</td>
<td>Wrap Up &amp; Recommendations</td>
</tr>
<tr>
<td></td>
<td>Seth M. Pransky MD,</td>
</tr>
</tbody>
</table>

COURSE FACULTY:
Nikki Mills, BHB, MBChB, FRACS, IBCLC
Pediatric Otolaryngology Dept., Starship Children’s Hospital, Auckland, NZ
Dept. of Anatomy & Medical Imaging, Faculty of Medical & Health Sciences, University of Auckland, Auckland, New Zealand

Elise W Sarvas, DDS, MSD, MPH
Clinical Assistant Professor, Dept. of Developmental & Surgical Sciences, Division of Pediatric Dentistry, University of Minnesota, Minneapolis, MN

Bobby Ghaheri, MD, General Otolaryngology, The Oregon Clinic, Portland, OR

Erin Walsh, MA, CCC-SLP, IBCLC
UC San Diego Head & Neck Surgery Center for Voice & Swallowing

Nancy White BSN, RN, IBCLC, CPN
Postpartum, UC San Diego Health System & Rady Children’s Hospital, San Diego, CA

Course Director: Eyla Boies, MD, FABM, FAAP, Clinical Prof. UCSD Dept. Pediatrics

Course Co-Directors: Seth M Pransky MD, Pediatric Otolaryngology, Head & Neck Surgery; Nancy E Wight MD, IBCLC, FABM, FAAP, Neonatologist

LOCATION:
Altman Clinical and Translational Research Institute Bldg.
9452 Medical Center Dr.
La Jolla, CA 92037
https://health.ucsd.edu/locations/Pages/parking-la-jolla.aspx#map

REGISTRATION FEES:
The registration fee includes: a continental breakfast, break refreshments, continuing education credit and a course syllabus.
Cancellation Policy: Refunds available until one week prior to the event.
CONTINUING EDUCATION CREDITS
MD, PA, RN Category 1 CME credits: The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
AMA: The University of California, San Diego School of medicine designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
IBCLC: The San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners with an IBLCE Provider Approval Number CTL 112-10. 3.75 L CERPS will be awarded.
RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

WHY YOU NEED TO ATTEND:
We all support breastfeeding. The controversy about various aspects of the tongue-tie phenomenon continues, with expansion to “lip-tie” and “tethered oral tissue”. Everyone has something to say, regardless of expertise, regarding infant oral anatomy and the physiology of infant suck. It is very difficult for a Pediatric or Family practitioner to know when to clip, when to refer, and when to wait. Controversies, misconceptions, and confusion abound in the identification and management of ankyloglossia. Hear cutting edge research and expert opinion from, and interact with, expert academic and clinical physicians, an academic dentist, speech therapist & lactation consultant. Come away with a plan to maximize breastfeeding, while dealing with ankyloglossia in a safe, reasonable and informed manner.

COURSE REGISTRATION FORM:
Register Online with credit card at www.breastfeeding.org OR Register by Mail: copy this form and send with check Payable to “SDCBC” to: San Diego County Breastfeeding Coalition C/O AAP-CA 3 3160 Camino del Rio South, Suite # 101 San Diego, CA 92108
Early Bird SDCBC Member (On or before 7/21/2019) $50______
Member (After 7/21/2019) $60______
Resident or Student $40______
Non-Member Physician $65______
Non-Member: Other HCP $60______
Total: $__________
Name: ___________________________________________________________
Organization: ______________________________________________________
Billing Address: ____________________________________________________
Billing City, State, ZIP: _____________________________________________
Phone: ___________________________________________________________
Email: ____________________________________________________________
Specialty: ________________________________________________________________________________
□ IBCLC ? If yes, please check this box
For more information about the seminar, or to learn more about the San Diego County Breastfeeding Coalition please contact: Abigail Carandang at abigail@breastfeeding.org.

BREASTFEEDING: THE TONGUE AND BEYOND
Controversies, Confusions & Unknowns
Saturday, August 3, 2019
8:00 am-1:00 pm
UCSD Altman Building

Sponsored by:
The University of California
San Diego School of Medicine
Accredited By
UC San Diego
School of Medicine
Continuing Medical Education
With assistance by:
The San Diego County Breastfeeding Coalition (SDCBC)