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UC San Diego
SCHOOL OF MEDICINE

Continuing Medical Education



The San Diego County Breastfeeding Coalition is a non-profit association of health professionals with a mission to promote, protect and support breastfeeding through education and outreach in our community.
www.breastfeeding.org

COURSE OBJECTIVES:

At the conclusion of this seminar the participant should be able to:

1. Describe the anatomy of the neonatal oral cavity.
2. Discuss the impact of ankyloglossia on breastfeeding.
3. Evaluate the evidence for the possible impact of ankyloglossia on dental health and speech problems.
4. Appraise the evidence for the effect of frenotomy on breastfeeding and other relevant outcomes.
5. Assess an infant (or mother-infant dyad) for possible need for frenotomy.
6. Analyze the medical issues prior to surgical intervention.

Target Audience: Physicians, Midwives, Nurse Practitioners & Physician Assistants, Registered Nurses, Lactation Consultants and Educators, Occupational Therapists, Peer Counselors, WIC associates, Dieticians, Students, Social workers, and others interested in supporting families in the initiation and maintenance of breastfeeding.

Cultural & Linguistic Competency.

This CME Activity meets the requirements under California Assembly Bill 1195, continuing education and cultural linguistic competency.

COURSE PROGRAM: Saturday, August 3, 2019

0730-0800 Registration and Continental Breakfast

08:00-0810 Welcome and Introduction
Seth M. Pransky MD

0815-0855 My baby is not breastfeeding well. Is he tongue-tied?
Nancy White BSN, RN, IBCLC
Erin Walsh MA, CCC-SLP, IBCLC

0855-0910 Swallowing & Speech Sequellae of Ankyloglossia
Erin Walsh MA, CCC-SLP, IBCLC

0920-0950 My Child Has No Teeth: Why is the Dentist Involved?
Elise W Sarvas, DDS, MSD, MPH

0950-1020 BREAK

1020-1100 The impact of Tongue Tie on Breastfeeding Mechanics
Bobby Ghaheri, MD

1105-1145 What is Tongue Tie? Defining the Anatomy of the Lingual Frenulum.
Nikki Mills, BHB, MBChB, FRACS, IBCLC

1145-1245 Panel Discussion
Seth M. Pransky MD, Moderator

1245-1300 Wrap Up & Recommendations
Seth M. Pransky MD,

COURSE FACULTY:

Nikki Mills, BHB, MBChB, FRACS, IBCLC
Pediatric Otolaryngology Dept., Starship Children's Hospital, Auckland, NZ
Dept. of Anatomy & Medical Imaging, Faculty of Medical & Health Sciences, University of Auckland, Auckland, New Zealand

Elise W Sarvas, DDS, MSD, MPH
Clinical Assistant Professor, Dept. of Developmental & Surgical Sciences, Division of Pediatric Dentistry, University of Minnesota, Minneapolis, MN

Bobby Ghaheri, MD, General Otolaryngology, The Oregon Clinic, Portland, OR

Erin Walsh, MA, CCC-SLP, IBCLC
UC San Diego Head & Neck Surgery Center for Voice & Swallowing

Nancy White BSN, RN, IBCLC, CPN
Postpartum, UC San Diego Health System & Rady Children's Hospital, San Diego, CA

Course Director: Eyla Boies, MD, FABM, FAAP, Clinical Prof. UCSD Dept. Pediatrics
Course Co-Directors: Seth M Pransky MD, Pediatric Otolaryngology, Head & Neck Surgery; Nancy E Wight MD, IBCLC, FABM, FAAP, Neonatologist

LOCATION:

Altman Clinical and Translational Research Institute Bldg.

9452 Medical Center Dr.

La Jolla, CA 92037

<https://health.ucsd.edu/locations/Pages/parking-la-jolla.aspx#map>

REGISTRATION FEES:

The registration fee includes: a continental breakfast, break refreshments, continuing education credit and a course syllabus.

Cancellation Policy: Refunds available until one week prior to the event.

CONTINUING EDUCATION CREDITS

MD, PA, RN Category 1 CME credits: The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA: The University of California, San Diego School of medicine designates this live activity for a maximum of **3.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IBCLC: The San Diego County Breastfeeding Coalition is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners with an IBLCE Provider Approval Number CTL 112-10. **3.75 L CERPS** will be awarded.

RD & OT: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.



WHY YOU NEED TO ATTEND:

We all support breastfeeding. The controversy about various aspects of the tongue-tie phenomenon continues, with expansion to “lip-tie” and “tethered oral tissue”. Everyone has something to say, regardless of expertise, regarding infant oral anatomy and the physiology of infant suck. It is very difficult for a Pediatric or Family practitioner to know when to clip, when to refer, and when to wait. Controversies, misconceptions, and confusion abound in the identification and management of ankyloglossia. Hear cutting edge research and expert opinion from, and interact with, expert academic and clinical physicians, an academic dentist, speech therapist & lactation consultant. Come away with a plan to maximize breastfeeding, while dealing with ankyloglossia in a safe, reasonable and informed manner.

COURSE REGISTRATION FORM:

Register Online with credit card at www.breastfeeding.org OR Register by Mail: copy this form and send with check **Payable to “SDCBC”** to:
San Diego County Breastfeeding Coalition
C/O AAP-CA 3
3160 Camino del Rio South, Suite # 101
San Diego, CA 92108

Early Bird SDCBC Member \$50 _____
(On or before 7/21/2019)

Member (After 7/21/2019) \$60 _____

Resident or Student \$40 _____

Non-Member Physician \$65 _____

Non-Member: Other HCP \$60 _____

Total: \$ _____

Name: _____

Organization: _____

Billing Address: _____

Billing City, State, ZIP: _____

Phone: _____

Email: _____

Specialty: _____

Circle all that apply: MD/DO NNP PA RN
RD RT CLE CLC OT Other: _____

IBCLC ? If yes, please check this box

For more information about the seminar, or to learn more about the San Diego County Breastfeeding Coalition please contact: Abigail Carandang at abigail@breastfeeding.org.

BREASTFEEDING: THE TONGUE AND BEYOND

Controversies, Confusions & Unknowns

Saturday, August 3, 2019
8:00 am-1:00 pm
UCSD Altman Building



Sponsored by:

The University of California
San Diego School of Medicine

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With assistance by:

The San Diego County Breastfeeding
Coalition (SDCBC)