

# San Diego County Breastfeeding Coalition

## Board Meeting Minutes

March 14, 2019 5:00-7:00 PM

AAP-CA3 3160 Camino del Rio South, Suite #101, San Diego, CA 92108

**Attendance:** Kim Elkins, Ruth Pletcher, Seth Pransky, Nicole Trottier, Kim Speckhahn, Sagen Jackson, Angeles Nelson, Abigail Carandang, Nancy Saavedra, Michael Barthen, Nancy White, Rose deVigne-Jackiewicz, Michelle Lee.

*Via Google Hangouts:* Shana Wright Bruno, Yasmine Alseyegh

*Guests:* Kimberly Scherer, Sterling Kosmach, Mona Hall

**Regrets:**

*Meeting called to order at 5:05 PM by Nancy Saavedra*

Topic	Discussion	Action
Welcome & Introductions	<ul style="list-style-type: none"> <li>- Approval of February 2019 minutes</li> <li>- Future meeting minutes to be sent to board within a week for email approval</li> </ul>	<ul style="list-style-type: none"> <li>- ALL respond with approval and/or revisions</li> </ul>
President's Update	<ul style="list-style-type: none"> <li>--Treasurer's report: Duties currently assumed by Nancy WMD &amp; Nancy S Balance is \$38,864.60               <ul style="list-style-type: none"> <li>o Renewal for Liability Insurance gives option of Terrorism coverage--decline</li> </ul> </li> <li>-- Tax and grant reports require estimated volunteer/in-kind hours per board member</li> <li>--Board Member expectations of attendance and accountability; discussion of creating guidelines for board members and consequence of regular non-attendance (removal from board) since several board members moved to advisory status to open active positions.</li> </ul>	<ul style="list-style-type: none"> <li>- ALL begin tracking estimated hours per month for board &amp; committee work</li> <li>- ALL expected to attend monthly meetings/mini-seminars as part of board member responsibilities and to send regrets ahead of meeting or function to Executive Board</li> </ul>
Admin Coordinator Report	<ul style="list-style-type: none"> <li>--Spanish Resource Guides are now available in print</li> <li>--Abi needs to keep track of number distributed for next year's order</li> </ul>	<ul style="list-style-type: none"> <li>--ALL report to Abi where you've distributed RGs (Eng/Span)</li> <li>--Kim S to provide TCMC and Palomar Health, NIRLWC PHN, NCHS/NHC/VCC, Teen Parent Programs &amp; Home Visitors;; Nicole to Camp Pendleton</li> </ul>

<p>March Mini-Seminar <i>Breastfeeding &amp; The Law: A Right, Not a Privilege</i></p> <p>Saturday 3/30/19 8 AM -12:30PM Check in 7:30 AM</p> <p>UCSD La Jolla Altman Clinical &amp; Translational Research Institute Bldg. 9452 Medical Center Dr. La Jolla CA 92037</p>	<p>--Nancy WMD to coordinate flow of speakers/topics with Mendy and Seth will moderate panel discussions</p> <p>-- Nancy WMD to prepare folders of agenda/syllabus/evaluations</p> <p>-- Nancy WMD to contact BFLA Education Chairperson to find out about RN CEUs (no UCSD CMEs for this topic) and submit paperwork to IBLCE for CERPs</p> <p>-- Kim E and Kim S to assist Abi at Registration table</p> <p>-- Rose to host SDCBC table with RGs, retractable badge holders, pens, Hale Mother's Milk and Medication books</p> <p>-- Shana to coordinate Lactation Accommodations for Speaker/Guests at UCSD Altman venue</p> <p>-- Coffee donation provided by Nespresso and/or Mostra?</p> <p>-- Catering options from UCSD, Atlanta West</p> <p>-- Volunteer to provide small water (no Nestle) bottles?</p> <p>--Marketed to local Law Schools (USD, CalWestern, Thomas Jefferson) for \$40 registration fee for law students</p> <p>--Recording? Rose offered to bring tri-pod; need volunteer to record</p>	<p>-- ALL expected to register, help set up (7 a.m.) and attend mini-seminar</p> <p>-- Abi to confirm coffee service, breakfast/snack menu and catering</p> <p>-- Ruth to confirm venue access and AV set-up on day of</p> <p>--Michelle to contact Heidi for LinkedIn log-in info for marketing</p> <p>--Abi to draft template marketing letter for board members ASAP</p> <p>-- ALL distribute to your networks (send to prior workplace nominations and other mailing lists)</p>
<p>Committee Reports</p>	<p>EDUCATION: see above</p> <p>ADVOCACY:</p> <ul style="list-style-type: none"> <li>● LC Scholarship <ul style="list-style-type: none"> <li>○ Awaiting decision from Wolfrum Family</li> <li>○ Exhaust VWMF funds before offer new LC scholarship from SDCBC</li> </ul> </li> <li>● CLEC Scholarships--over 30 applicants, several out-of-state, 2 stood out for showing promise of filling in gap in underserved communities of need <ul style="list-style-type: none"> <li>○ Sabia Wade, ED "For the Village" serves low income/marginalized families in San Diego with free doula services</li> <li>○ Terri Hightower, MFT "Father Joe's Villages" provides dyadic therapy mom &amp; baby, parenting classes, trains other FJV staff for Trauma Informed Child Care</li> </ul> </li> <li>● CLEC/LC application criteria will be revised for 2020 to more effectively determine applicant's contribution back to coalition &amp; community, interview finalists</li> <li>● CBC 2018 Mother-Baby Friendly Workplace Award will be given to Father Joe's Villages on behalf of CBC by SDCBC with staff from State Senator</li> </ul>	<p>--Kim S to draft letters to winners and send to Nancy S.</p> <p>-- Kim S to notify all applicants with thanks for applying and invitation to engage with SDCBC</p> <p>-- Nancy S to send letters to winner with photo release and request for updates on progress</p> <p>--Let Kim E know if you plan to</p>

	<p>Ben Hueso and Kim Elkins</p> <ul style="list-style-type: none"> <li>○ Monday, 3/25/19 at 3 p.m. at FJV 3350 E Street (ACE parking nearby or street parking but is very busy area)</li> </ul>	<p>attend</p> <p>--Take photos at FJV and send to Media committee and CBC</p>
	<p>OUTREACH:</p> <ul style="list-style-type: none"> <li>● Lactation Friendly Libraries Project (LFLP) Summary: Nicole gave recap of Needs Assessment (local complaints of breastfeeding in public library, request for education for library staff) and Summary of Proposed Kaiser Permanente grant request for \$25K written by Nancy WRN, Nicole, Nancy S with assistance from Linda Radecki, Lemon Grove Heal Zone/COI (Community Health Improvement Partners CHIP), and UCSD BFSD &amp; Lactation Supportive Environments (UCSD Center for Community Health) <ul style="list-style-type: none"> <li>○ Upstream approach in obesity prevention focusing on community partners' breastfeeding support to improve health/well-being of San Diego residents with local pilot at Lemon Grove Library</li> <li>○ Includes four-phase program of assessment/data collection &amp; analysis, development of training (content, materials, evaluations, delivery) of library staff, community and partner awareness campaign, and final program evaluation</li> <li>○ Ultimate goal is to create model program to be implemented to San Diego County Libraries</li> </ul> </li> </ul> <p>UCSD Lactation Accommodation complaints: Shana did follow-up with CCH Director, Work-Life Coordinator, Employee Relations. They are aware of complaints and are working on it and encourage individuals to reach out to Employee Relations if encounter challenges. Suggest awareness or communications campaign to blast out to UCSD employees during August WBW.</p> <p>BFSD Sustainability Plan: Grant ends June 2020 and SDCBC integral part of plan to host/house materials/resources on website. Goal is to test out plan during last year of grant.</p> <p>SD County Fair Update: Expanding breastfeeding zones to 2 sites, working with COI. Does SDCBC want to promote spaces and recognize SD County Fair (or encourage them to nominate themselves for Workplace Award?)</p>	<p>--Nicole/Nancy S will submit application by 3/15/19 deadline (Grant Awardees to be notified June 2019)</p> <p>--ALL send Nicole and Nancy S areas of interest for volunteering in LFLP Project (attending partner meetings, assessment &amp; data analysis, writing, evaluations, developing materials, in-person training, etc)</p> <p>--Shana to share proposal to implement and test out sustainability plan at next board meeting</p> <p>--Shana to discuss with COI Chair Dierdre Kleske.</p>

New Business/ Announcements	--Seth Pransky shared recently published co-authored " <i>What is Tongue Tie? Defining the Anatomy of the In-Situ Lingual Frenulum</i> ", Clinical Anatomy 2019. -- Michelle Lee defends her doctoral dissertation on 4/15/19 at 1 p.m. at USD	-
Closing	--Review Action Items	

### Upcoming Events

March Mini-Seminar <i>Breastfeeding and the Law</i>	Saturday, March 30, 2019
2019 SDCBC Mini-Seminars	March 30, 2019 August 3, 2019 October 12, 2019
Liquid Gold Gala	September 14, 2019
April Board Meeting	Thursday, April 11, 2019 Time: 5 – 7 p.m. Location: HHS Rosecrans Harbor Room 3851 Rosecrans St., San Diego 92111

*Meeting adjourned at 7 pm*

*Minutes respectively submitted by Kim Speckhahn 3/16/19*